



Chapter 12 Design Tools

Design Tool 12.1: A Life Skills Message for Kids

Directions for teachers: You can present this message as a handout to students. But better still, present this in a creative way to grab kids' attention and interest. For example, prior to the project kick-off you might deliver it as a part of a "newscast" introducing the project. You might stage a scenario where some students wonder aloud why they have to learn life skills and other students give them different parts of the message. You could share an authentic headline, article, or quick clip from a news source showing people using life skills in a job or life in general. Your students might also relate to a YouTube video of kids showing empathy or other life skills. You'll have more creative ideas, so try one of your own!

Hey there, STEM Kids!

Building good life skills is like unlocking a superpower that helps you in just about every part of your life. Let me break it down for you:

Good life skills are about knowing how to build good relationships. These skills make it a lot easier to make friends and keep them. They give you the right tools to build strong and supportive friendships. Imagine being the person everyone wants to hang out with because you know how to listen, share, and make everyone feel comfortable and included.

As you get better at building good relationships, you'll feel more confident. You'll be more comfortable speaking in class, making new friends, standing up for what you believe in, and in other kinds of situations. You will face struggles, but strong life skills will give you the power to handle them more smoothly. You'll be better at understanding other points of view and finding peaceful solutions.

Believe it or not, the life skills you develop now will also give you a better future. Jobs, college interviews, and other big moments often depend on how well you relate to others. Being good at communicating, building relationships, and working in teams are life skills that will open doors to awesome opportunities. By practicing these skills, you're also building a happier and more successful life.

So, sharpening your life skills is a bit like training to be a great friend, a strong team player, and a confident person, all rolled into one. It's about making the most of your school years and setting yourself up for an amazing future. Go for it!