



## Chapter 13 Design Tools

### Design Tool 13.1: My Online Safety Practices

*Directions for students:* Rate your personal safety practices after spending time on social media or other online sites. Add your totals in each category and see if you can improve every time you go online. Keep using this list to help you stay safe.

My Online Safety Practices				
How frequently do I do this?	4 Always	3 Often	2 Seldom	1 Never
1 <b>I keep my personal information private.</b> I have a username that is not my real name. My real name, address, and phone number are special. I never share these without permission from my parent.				
2 <b>I use strong passwords.</b> I create a different password for every program I use. I don't tell anyone else what my passwords are, not even my friends.				
3 <b>I am careful when a stranger wants to talk to me online.</b> Not everyone is who they claim to be. I don't meet up with online friends. I keep them online.				
4 <b>I block people who are negative or unsafe.</b> This stops them from seeing my profile or contacting me.				
5 <b>I think before I click.</b> Clicking on unknown links or downloading unfamiliar things is risky and can let hackers into the computer.				
6 <b>I respect others online.</b> I never participate in cyberbullying, and I speak up if I know someone is being cyberbullied.				

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